

Calhoun

Nursing and Rehabilitation Center, LLC

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Our Leadership Team

Kyle Baalman	Executive Director
Christi Partridge	Director of Nursing
Ashley Anderson	Asst Director of Nursing
Tessa Droege	Director of Rehab
Maggie Vinson	Director of Admissions
Cassie Kamp	Social Services Director
Aja Hurst	Business Office Manager
Lea Miller	Activities Director
Dennis Hould	Maintenance Director
Juli Rakers	HSKP/ Laundry Director
Amanda Kaufmann	Human Resources



Herman Gray and daughter

November 2022



Fall Festival

Everyone had a great time at the Fall Festival. Numerous stations were present for the kids to have fun as well as food available for the adults' enjoyment. Pictured above are Suzanne Kamp and granddaughter.



Burma Jones, Marjorie Jones and Melissa Multins enjoy the beautiful day while watching the kids have fun at the Fall Festival.



The family of Janet Williams enjoys drinks, each other's company and a beautiful fall day!



Daniel Meade enjoys watching the children paint pumpkins.

Don't Forget To Fall Back

Daylight saving time ends on Sunday, Nov. 6, so remember to set your clocks and watches back one hour the night before.

National Diabetes Month

November is National Diabetes Month, and doctors say that in addition to eating a balanced diet and exercising regularly, getting enough sleep and managing stress are key factors in controlling blood sugar levels.



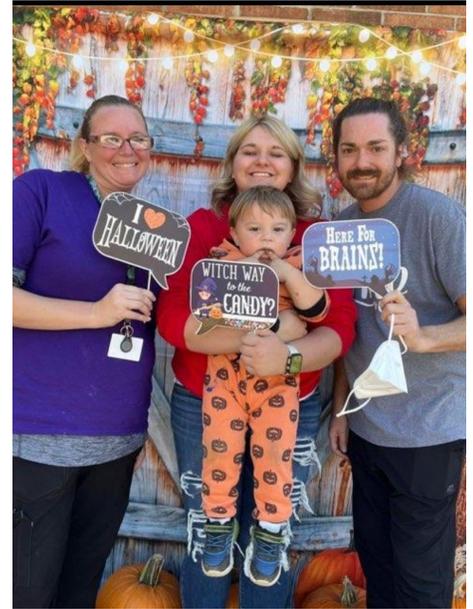
St. Norbert's School kids were able to walk to the Fall Fest and enjoy the games and crafts.



St. Norbert's kids try their skill at putting a ring around a pumpkin.



It was a challenge but most succeeded at catching the apple!



Shannon, Mckaila and Will, nursing staff, take a moment to pose at the photo booth.



Maggie Vinson at the face painting station. This station always had a line.

We Support Caregivers

November is National Family Caregivers Month, and we'd like to give a shoutout to all the family members and caregivers of our residents. Your dedication to your loved ones does not go unnoticed.



RESIDENT BIRTHDAYS

Carol Foiles	Nov 1
Patsy Moore	Nov 4
Robert Hill	Nov 14
Rodger Bushnell	Nov 18
John Shake	Nov 18
Connie Brown	Nov 26
Michael Payne	Nov 27

EMPLOYEE BIRTHDAYS

Kacie Finkes	Nov 5
Lisa Breden	Nov 7
Midge Pace	Nov 7
Edward Lieber	Nov 12
Mary Ohlendorf	Nov 20

EMPLOYEE ANNIVERSARIES

Kim Whitlock	16 Years
Carla Hagen	2 Years
Leslie Maynard	1 Year

HAPPY ANNIVERSARY!



Thank You for 16 Years Kim!

I'm grateful for...

- _____
- _____
- _____
- _____
- _____
- _____

GRATITUDE WALL

November is National Gratitude month. This isn't a shock since Thanksgiving, a day of practicing gratitude, is one of the major holidays this month. This month gives us the perfect opportunity to give thanks for the people and things around us. HR and Activities will be creating a Gratitude Wall for the month of November. Cards will be available for residents, family members and staff to write what or who they are grateful for. Make sure you pick up a card at the front entrance. Some good ways to practice showing gratitude are:

- Look for ways in your day to say "thank you" more intentionally. Give those words as a gift to someone instead of saying them as merely a reaction.
- Locate a person in your life that you're extremely grateful for & give them a hug & thank you for the special role they play in your life.
- Take a deep breath & notice all the things you're grateful for in that moment.



Happy Veterans Day

It is an absolute honor to care for you and wish you a Happy Veterans Day! Thank you so much for all your courage, efforts, and sacrifices. We can never give you back what you

have lost protecting us. But we can always thank you from our hearts for the sacrifices you have made for us!

Join us Friday, Nov 11th to honor our Veterans.



FALL BACK
SET YOUR CLOCKS BACK AN HOUR

November 6th



Happy Thanksgiving

May the bounty of the season fill your heart.