

Calhoun

Nursing and Rehabilitation Center, LLC

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Our Leadership Team

Kyle Baalman	Executive Director
Sheila Robeen, RN	Director of Nursing
Ashley Anderson	Asst Director of Nursing
Lynn Sloan, RN	Treatment Nurse
Tessa Droege	Director of Rehab
Maggie Vinson	Director of Admissions
Cassie Kamp	Social Services Director
Kristen Webster	Business Office Manager
Lea Miller	Activities Director
Dennis Hould	Maintenance Director
Juli Rakers	HSKP/ Laundry Director
Amanda Kaufmann	Human Resources



National Social Work Month

Every March, we take a moment to recognize our Social Service worker. This year we welcome Arianna Morris to the team here at CNR. Arianna provides support to our residents & families in a variety of ways. We want to thank her for joining our team and for serving and meeting the needs of our residents.

March 2023



Meet Our Director of Nursing

We are so pleased that Sheila Robeen has returned to CNR as the Director of Nursing. She has 30 years' experience in healthcare. Sheila worked in the old building prior to the flood of '93. She has worked a total of approx. 10 years with CNR. Don't hesitate to stop in and say "Hi." She's always available to chat and help with any questions or concerns.

Her vision is to work alongside Kyle and return the facility to a 5-Star rating and assist her nursing staff with providing the highest level of patient care in the area.

A Special Treat

The high school class of Mrs. Smith made some energy bites to be enjoyed during bingo. Such a nice afternoon and thanks to the students for helping out with bingo.



Cindy Ridenbark samples a protein bite.



Dixie Foiles keeps an eye on the cards while enjoying the treats.

Save the Date



**March 21st -
Family Bingo**

Maintenance Appreciation Day



March
4th



An Unexpected Visitor

Thank you to Kamaroo Farms of Kampsville. They brought baby kangaroo, Munchkin, to visit. We never dreamed that we'd be so close and getting snuggles from a kangaroo! Check it off the bucket list!



"Pops" John Shanks and Munchkin

Celebrating Valentine's Day

We hosted a Valentine's Day Brunch serving Mr. Donut, juice, hot cocoa, coffee or milk while enjoying some trivia, jokes & music. We hope you had a good Valentine's Day.



Lorriane Hillen enjoys a donut at the Valentine's Brunch.



Ms. Doyle's class came and helped the residents make Valentines. We are so blessed here at CNR that our schools support our home and enhance the residents' lives. Intergenerational activities are so important to their emotional well-being.



RESIDENT BIRTHDAYS

Eleanor Dubetz	March 19
Suzanne Kamp	March 22
Bertha McGowen	March 24
Janet Williams	March 27
Betty Albrecht	March 28

EMPLOYEE BIRTHDAYS

Donna Kidd	March 4
Lori Smith	March 4
Sharon Stein	March 9

Sabrina Thielman	March 10
Sara Mackenberg	March 15
Amy Finch	March 20
Justine Eilerman	March 24
Haley	March 26
Janice Clore	March 30

EMPLOYEE ANNIVERSARIES

Stacy Anderson	12 Years
Jeanette Castelli	11 Years
Dorothy Hagen	4 Years
Cassie Kamp	4 Years
Rebecca Watters	3 Years
Amy Finch	1 Year



Employee of the Month

Amy Finch is the February Employee of the Month. Amy is a CNA and consistently goes above & beyond in caring for

her residents and being a team player.



The Wonders of Music

"Music has healing power. It has the ability to take people out of themselves for a few hours."

- Elton John

Joe Powell does just that when he comes and performs. He stirs memories and brings smiles!

Valentine's Sweetheart Meal

To honor our couples on Valentine's Day, we hosted a couples' meal featuring steak & shrimp.



Paul & Pat Riechman



Nina & Herman Gray



Rebecca & Dale Edwards



Joe & Violet Sievers, married the longest, 56 years

Happy Doctors' Day



Dr. Timothy Lyons

March 30th of each year, National Doctors' Day honors the professionals for their dedication and contributions to their patients and their communities. Here at CNR we feel blessed and greatly respect our Medical Director who provides care to our residents and to many of us as individuals.

Physicians serving small rural communities and facilities are sometimes more like family and often friends with many within the communities they serve.

This month, we want to shout out a huge **"thank you"** to Dr. Lyons for all he does! If you happen to cross his path, not only this month, but at any time be sure to express your appreciation, too!