# Calhoun

### Nursing and Rehabilitation Center, LLC

1 Myrtle • Hardin, IL 62047 • (618) 576-2278

### **Our Leadership Team**

Kyle Baalman Sheila Robeen, RN Kim Chisholm Lynn Sloan, RN Tessa Droege Maggie Vinson Arieanna Morris Addie Rhodes Lea Miller Dennis Hould Angel Gibson Cassie Kamp Executive Director
Director of Nursing
Asst Director of Nursing
Treatment Nurse
Director of Rehab
Director of Admissions
Social Services Director
Dietary Manager
Activities Director
Maintenance Director
HSKP/Laundry Director
Human Resources



## A Trip to the Pumpkin Patch It was a beautiful day for a trip to Hagens Family Orchard in Golden Eagle.

### November 2023



#### **BEAUTY SHOP IS BACK**

After a long hiatus due to COVID-19, we are pleased to announce that our Beauty Shop is back up and running. Jessica Hill from Godfrey has accepted our invite to come service the residents. She has been coming the last few weeks and we are so pleased. She has just recently expanded her services and has not yet set actual dates and times. She is seeing what the resident demand is and what services they prefer and frequency.

At this time, just give a call to Lea Miller at the facility and she will let you know the schedule.

- Haircut (Men or Ladies) \$12
- Set \$12
- Haircut & Set \$17
- Color \$30
- Perm \$35



### **Fall Fishing Trip**

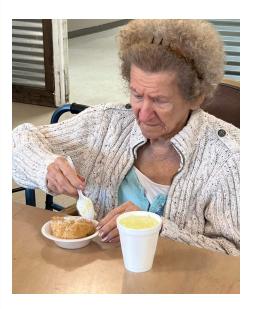
We took advantage of a beautiful fall day and headed out to Pere Marquette State Park on a fishing trip. Our catch was small, but we had a good time. Thanks to Scott, Randy & Ross for helping us out.





Dear Lord,

Grant Me The SERENITY To Accept The Size Of The Fish I Catch, The COURAGE Not To Lie About It, And The WISDOM To Know That None Of My Fishing Buddies Would Believe Me Anyway...



Everyone Loves Michelle's Famous Cream Puffs! Jeanette Bova Is Pictured Digging Into One.



Charlotte Kearby

### **A Turkey Myth**

The familiar urge to take a snooze after Thanksgiving dinner is often blamed on tryptophan, an amino acid in turkey. But experts say the real culprit is overeating. To digest a piled-up plate (or two!) of food takes a lot of your body's energy.



### October Employee of the Month

Justine Eilerman was chosen as Employee of the Month for October. Justine is a Physical Therapist and has been with the facility for over 12 years. She always goes above and beyond with the residents. Thank you for your loyalty, dedication and all you do for the residents and your co-workers.



Jerome Hayns



#### RESIDENT BIRTHDAYS

Carol Foiles	Nov 1
Karl Eickmeyer	Nov 7
Robert Hill	Nov 14
Rodger Bushnell	Nov 18
John Shake	Nov 18
Connie Brwn	Nov 26
Michael Payne	Nov 27



#### **EMPLOYEE BIRTHDAYS**

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Chelsie Schobernd	Nov 1
Maggie Vinson	Nov 4
Kacie Finkes	Nov 5
Magdalene Pace	Nov 7
Lisa Breden	Nov 7
Courtney Eilerman	Nov 9
Addie Rhodes	Nov 10
Edward Lieber	Nov 12
Mary Ohlendorf	Nov 20
Kyle Baalman	Nov 27
Misty Woolsey	Nov 30

### **EMPLOYEE ANNIVERSARIES**

Kim Whitlock	17 Years
Leslie Maynard	2 Years
Sheila Robeen	1 Year
Angel Gibson	1 Year
Blake Witt	1 Year



### **Recognition for Veterans**

On Veterans Day, Nov. 11, America comes together to honor and thank veterans for their service in the nation's armed forces. Check our calendar for the time & location for the honoring of our Veterans.

### Home for the Holidays

The holiday season is upon us, featuring lots of festive celebrations! If you are planning on taking your loved one home for the holidays, please call or stop by the front desk to let us know the dates and times they will be out of the building. Our residents' safety is our top concern, and it is important that we know about your plans in advance. Thank you!





### Who Wants a S'more?

Fall wouldn't be fall without the roasting of warmed marshmallows and chocolate pressed between two graham crackers. Of all the things, they have come up with a method of doing it safely inside so you can have them at any time. It was a big hit with residents & staff!





