

Nursing and Rehabilitation Center, LLC 1 Myrtle • Hardin, IL 62047 • (618) 576-2278

### **Our Leadership Team**

Kyle Baalman Sheila Robeen, RN Kim Chisholm Lynn Sloan, RN Emily Godar Kate Sitton Julie Breden Stacey Phillips Addie Rhodes Lea Miller Dennis Hould Angel Gibson Cassie Kamp Executive Director Director of Nursing Asst. Director of Nursing Treatment Nurse Director of Rehab Director of Admissions Business Office Manager Social Services Director Dietary Manager Activities Director Maintenance Director HSKP/Laundry Director Human Resources

### **Thank You, OTs!**

April is Occupational Therapy Month, a chance to recognize the role of these important health care workers. Occupational therapists make daily life easier for everyone in their care, and our ongoing gratitude goes out to them!



Pictured left to right: Stacy Anderson, Emily Godar-Director, Stacey Swan and Megan Moauro. Thanks Ladies for all you do!

# April 2024



### **Shining Star**

Residents voted Courtney Eilerman, RN as the Employee of the Month for March. Courtney's genuine kindness and compassion for ensuring the residents receive quality care are so appreciated and admired. Thank you, Courtney, for taking such good care of our Residents and for being a great co-worker.

### A Day With a Twist

April 26 is National Pretzel Day, a time to celebrate pretzels of all shapes and sizes. If you can't decide which is your favorite, try mixing a variety of different types of pretzels in a big bowl. The best place to celebrate might be Freeport, Ill., which is known as Pretzel City, USA, home of the Billerbeck Bakery pretzel company, founded in 1869. The Freeport High School sports teams are called the Pretzels.



**Betty Finch** 

# Keep Kitties Safe From Lilies

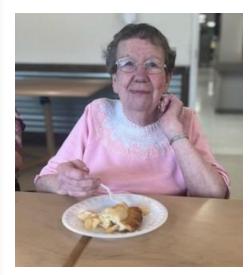
Lilies are lovely spring flowers, but keep them out of your home if you have cats. All parts of the plant are dangerously toxic to cats, who can get sick even from licking pollen off their fur or drinking from a flower vase. This warning includes all members of the lily and daylily family.



We celebrated National Pi Day with apple pie of course. Who doesn't love apple pie, an American favorite?!



Frances Coonrod



**Betty Watters** 

# **Enjoying St. Patty's Day**

We celebrated St. Patrick's Day with snacks, green punch, beer and lucky trivia!





Cecilia Mueller

# **Appreciating Admins**

We give an extra-special thanks to all receptionists, assistants, secretaries, aides and clerks during Administrative Professionals Week, the last full week in April. Administrative Professionals Day is held on Wednesday of that week.



### **RESIDENT BIRTHDAY** Juanita Friedel April 2

### **EMPLOYEE BIRTHDAYS**

Rebecca Watters	April 8
Sara Lorsbach	April 10
Kim Whitlock	April 13
Joann Wade	April 21
Melissa Akers	April 28

### EMPLOYEE ANNIVERSARIES Finkes 15 Years

Kacie Finkes 15 Y

Addie Rhodes Sara Mackenberg Betty Mathues Mary Ohlendorf Elizabeth Richards Amelia Huff Cassie Teer 8 Years 7 Years 6 Years 3 Years 2 Years 1 Year 1 Year



We hosted an Easter Egg hunt for St. Norbert School and the kids got to hang out with Hippy Hop the Easter Bunny.

# Celebrating National Snack Day

Isn't this everyone's favorite day?! We celebrated with both sweet & salty snacks while visiting and enjoying each other's company.





### Welcome to April The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. However you choose to have fun this month, we hope you enjoy the brightening days!

# Wit & Wisdom

"So before long we can open the windows wide and let spring in, and we can go out to the park or sit on a hillside and let spring into us." —Hal Borland

"I feel that it is healthier to look out at the world through a window than through a mirror. Otherwise, all you see is yourself and whatever is behind you." —Bill Withers

"A smile is the light in your window that tells others that there is a caring, sharing person inside." —Denis Waitley

"Falling asleep while the rain is clashing down on the window is nature's best lullaby." —Kim Pape

"Look out of the window and you have a finer sight than any painter has ever placed on a piece of canvas." —Iain Pears

"If a window of opportunity appears, don't pull down the shade." —Tom Peters

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day." —Lynda Resnick

# It's Spring! Best wishes for a bright and happy season.

